

Dear Parent/Patient:

Starting in September 2020, we're introducing some exciting improvements to our current Abbott Level-2 metabolic medical food products.

These improved products will still meet your child's or your unique nutrition needs, but now they will include new ingredients to further support growth and development.

HERE'S WHAT'S IMPROVING:



NOW HAS DHA

to support brain and eye health



INCREASED VITAMIN D*

to support strong bones



NON-GMO†

to be the only metabolic medical foods that are non-GMO‡

These updated products will still provide the same quality nutrition you've come to expect from Abbott. The mixing instructions will not change, and the products will still be halal and made with kosher ingredients.

Due to these improvements to the formulas, you or your child may notice a difference in smell, taste, or color. We are here to help and are partnering with your health care team to provide a transition guide to these improved products if needed.



FOR QUESTIONS REGARDING THE AVAILABILITY OF THESE UPDATED PRODUCTS, PLEASE CONTACT YOUR SUPPLIER.

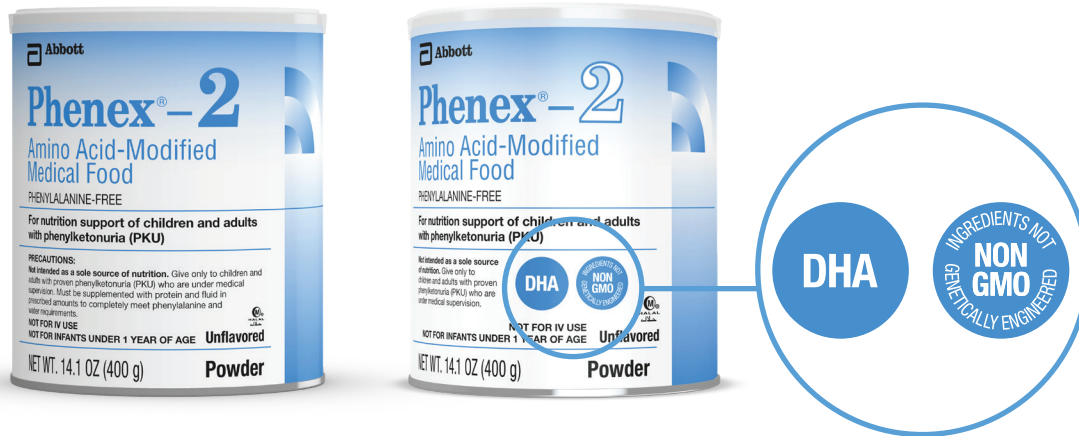
For more information about the formula updates, please contact your health care provider or Abbott Consumer Relations at **800-986-8505**.

* 900-1100 IU vitamin D/100 g powder compared to previous Abbott Level-2 metabolic formulation with 300-325 IU vitamin D/100 g powder.

† Ingredients not genetically engineered.

‡ Not declared on competitor product websites as of June 30, 2020.

HOW TO IDENTIFY OUR IMPROVED PRODUCTS



OUR UPDATED METABOLIC MEDICAL FOOD PRODUCT LINE





A TRANSITION GUIDE FOR ABBOTT METABOLIC FORMULAS

While all people will react a little differently to changing formulas, a gradual change or transition period can ensure greater success. This quick reference guide can help smooth the transition. Before making any change, consult your health care team with questions or concerns.

PLANNING A TRANSITION

Generally, a successful approach phases in the new formula by mixing it with the old formula. More and more of the new formula gradually replaces the old until the transition is 100% complete. (Note: *It's normal to notice a difference in taste, but the goal is for acceptance of the new mix at each phase.*) If there is not acceptance of the amount of new formula, an adjustment may be necessary to transition at a pace that is more comfortable. The transitioning process can take from a few days up to a few weeks.

Refer to the plan your dietitian has filled in below. Revisit the plan with them, if needed.

FORMULA TRANSITION PLAN FOR _____ (NAME)

PHASE	CURRENT METABOLIC FORMULA	NEW METABOLIC FORMULA
1 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES
2 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES
3 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES
4 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES

Additional steps, if needed:

5 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES
6 _____ NUMBER OF DAYS	$\frac{\text{g}}{\text{day}}$ _____ GRAMS PER DAY	$\frac{\text{g}}{\text{day}}$ _____ OR _____ GRAMS PER DAY FLUID OUNCES

NEW AND IMPROVED LEVEL-2 ABBOTT METABOLIC MEDICAL FOODS



NOW HAS DHA
to support brain and eye health



INCREASED VITAMIN D*
to support strong bones



NON-GMO†
the only metabolic medical
food that's non-GMO‡

BANANA-BERRY JAM

Serves 1 — Makes approx 12 oz — Recipe is for ages 1 and up

INGREDIENTS

- ½ cup (40 g) Level-2 metabolic formula§
- 2 ounces chilled apple juice
- ½ cup frozen sliced strawberries, unsweetened
- ½ peeled and diced kiwi, frozen
- ½ banana, sliced and frozen
- 2 tablespoons strawberry-flavored syrup
- 2-3 ice cubes

NUTRITION FACTS:

Calories, kcal.....400
Total protein, g.....13.6

DIRECTIONS

- Pour apple juice into a bottle with a fitted lid.
- Add metabolic formula; seal with lid and shake well.
- To the jar of a blender add the strawberries, kiwi, banana, syrup, and ice; blend on high until mixture is smooth.
- Add icy puree into the metabolic formula and shake well.
- Serve immediately.

Protein, g metabolic formula§.....12
Protein, g.....1.6

§ For all Level-2 formulas except Cyclinex-2.

Nutritional values are approximate and will vary based on brands, quantities, and substitutions. **Use under medical supervision.** Please consult your physician or dietitian to determine if recipe and ingredients are appropriate for you or your child. This recipe is intended to provide possible alternatives for you or your child and should not be considered as medical advice. Make sure all utensils and appliances are cleaned to avoid cross-contact from other foods.



TRANSITION TIPS

IT'S NOT ONE AND DONE:

Those who do need a transition period between formulas usually need at least a few days to adjust to a new formula.

REMEMBER YOUR OWN INFLUENCE:

Parents and caregivers, be careful not to make faces or say negative things that could affect your child's acceptance of a new formula.

CONSISTENCY IS KEY TO SUCCESS:

Make sure that you and/or any caregivers are on the same page and stick to your plan and approach.

BE PATIENT YET PERSISTENT:

New formulas taste different and transitioning to a new formula takes time. Don't give up and revert completely to the previous formula. It can take several tries to get used to a new formulation.

RELY ON THE EXPERTS:

If things aren't going to plan, you can revise it! Follow up with your metabolic dietitian or doctor if you encounter issues.

REMEMBER:

Once mixed, formula can be safely stored in a refrigerator for up to 24 hours.

Metabolic formula may be covered by insurance, and we are here to help!

A SIMPLE PATH TO REIMBURSEMENT ASSISTANCE†:

- 1 CALL**
with insurance and
prescriber's information
- 2 WE HELP**
determine available
coverage options
- 3 PRODUCT
DELIVERED**
right to your door

To learn more, visit pathway-plus.com or call 1-855-217-0698

pathway
plus

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§ Each health care provider is ultimately responsible for verifying codes, coverage, and payment policies used to ensure that they are accurate for the services and items provided. Providers should consult with the insurance plan for complete and accurate details concerning documentation for claims. Abbott Nutrition does not guarantee reimbursement by any third-party insurance plan and will not reimburse physicians or providers for claims denied by third-party insurance plans.

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