



Online Research Study: Anxiety and Cognition in PKU

You are invited to take part in an online/remote research study examining anxiety and thinking abilities in adults with PKU. The study is being conducted by Dr. Shawn Christ from the University of Missouri and Dr. Rani Singh from Emory School of Medicine.

Who:

Adults (ages 18-40 years old) with PKU who are not currently taking Palynziq. (Other treatments such as Kuvan are okay.)

What:

Study participation is all online and can be done from any computer/tablet with a good internet connection. Participants will:

1. Talk to study personnel on Zoom (a video conferencing system)
2. Complete online tests of thinking skills
3. Answer questions about mood and behaviors
4. Fill out a 3-day food diary
5. Provide a small blood sample on filter paper for analysis of current phe levels

How Long:

Total participation time is about 2 ½ - 3 hours total.

We offer flexible scheduling, including weekend and evening appointments.

Compensation:

You will be paid \$50 for completing the study.

Benefits:

You will make a contribution to our understanding of how anxiety and thinking skills can be affected in individuals with PKU.

How to participate:

If you would like to participate in this research study or if you have questions, please contact our study coordinator, Kelly Boland, by phone or email:

Phone: **(314) 401-6285**

Email: **CNLab@missouri.edu**

Thank you!

Shawn Christ, Ph.D.
Associate Professor of Psychological Sciences
University of Missouri

Rani Singh, Ph.D.
Professor of Human Genetics
Emory School of Medicine